

ORAL SESSION 1: 15<sup>th</sup> July, 4:30 pm – 5:30 pm

Sports & Leisure Management

**Chairperson: Dr. Holly M. Donohoe**, University of Ottawa, CANADA.

**Venue :** Dewan Wau

Chiung	Tzu Lucetta Tsai	Gender Power Relations and Globalization Connecting Women's Leisure Experience to Society
Chin	Hsiang-Pin	From Foot Binding to Tournament Competition— Taiwan Women Sports during the Japanese Colonial Period (1895~1945)
H.B	Kemparaj	Concepts of Sports Management of Manipal University as a Holistic Health Promotional Tool in a Global Village
Nino	Susanto	Sports Science and Technology to Ignite the Endeavour of Young Sportsmen with Disability
Senevirathne	K. S. H. M. V. W. W.	A Good Practice of School Sports meet: Transforming Towards Student Directed Learning Environment
Winnie Wong	M.A.	Generations at Play: Exploring Play Across Generations in the United States

ORAL SESSION 2: 15<sup>th</sup> July, 4:30 pm – 5:30 pm

Biomechanics/Kinesiology/Kinanthropometry/Injuries

**Chairperson: Dr. Paulette Cote**, Hong Kong Academy of Performance Art, HONG KONG.

**Venue :** Dewan Congkak

Mandeep	Singh	2d Biomechanical Analyses Of Set Shot In Basketball
Rat	Tongaim	Response time and jab force punch of Thai national amateur boxer
Amitabha	De	Effect of prosthetic feet on the gait and loading of the sound and amputated limbs in trans-femoral amputees
Fan Jiang	W.W.	Shoulder Flexion/Extension Strength Profiles in Healthy Population
René	E.D. Ferdinands	Run-up Kinematics of Cricket Fast Bowling

ORAL SESSION: 3: 15<sup>th</sup> July, 5:30 pm – 6:30 pm

Biomechanics/Kinesiology/Kinanthropometry/Injuries **Chairperson: Dr. Govindasamy Balasekaran**, National Institute of Education, Singapore.

**Venue :** Dewan Wau

Rauf	Iqbal	Effect of prosthetic feet on the gait and loading of the sound and amputated limbs in trans-tibial amputees
Lee	C.S	Examination of Limits of Stability Performance in Basketball Players by the Biodex Balance System
Wang	Y.T.	Differences of Limits of Stability between Young Dancers and Healthy Sedentary Children
Sinsurin	Komsak	The Effects Of Neoprene Knee Sleeves On Knee Mechanic In Vertical Jumping
Lin	K. L.	Dynamic Postural Control in Top Cheerleader

ORAL SESSION 4: 15<sup>th</sup> July, 5:30 pm – 6:30 pm

Sports Training & Coaching

**Chairperson: Dr. Ahmad Munir**, University of Malaya, Malaysia.

**Venue :** Dewan Congkak

Apiluk	Theanthong	Effects of Deep Water Running, Jogging, and Sitting on Blood Lactate and Muscle Soreness After Plyometric Training Program
Ratree	Ruangthai	Crossover Point after Land-based and Water-based Circuit Training in Overweight Women
Mohamad Fajar	M Kasim	Warm-up Regime Improves Cyclist Time Trial and Anaerobic Power
Hassan	Safikhani	Resistance Training in CABG's Patients Cardiac Rehabilitation
Koh	Wan Sin	Effects of Interval Training on Cardiorespiratory Endurance Level Of Varsity Kayakers

ORAL SESSION 5: 16<sup>th</sup> July, 12:00 noon – 1:00 pm

Biomechanics/Kinesiology/Kinanthropometry/Injuries **Chairperson:** **Dr. Wee Eng Hoe**, University Technology MARA, Malaysia.  
**Venue :** Putri Sa'adong 1

Lin	Shen-Liang	Human Backward Locomotion Analysis in the Different Level
Mohammadtaghi Amiri	Khorasani	Acute Effect of Static and Dynamic Stretching on Kinematics of Lower Extremity during Instep Kicking in Professional Soccer Players
Nasnoor Juzaily	Mohd. Nasiruddin	A study on continuity of passes in Games Involving the Malaysia Women Hockey Team during the Qualifying Olympic Women Hockey Tournament in Victoria, Canada
Gaber Radwan	Shawkat	The Kinematical analysis of forehand drive stroke in table tennis.
Soodeh	Sarafrazi	Kinematic Analyses of Knee Angle during Landing after Imagery in Females: Prevent Of ACL Injury

ORAL SESSIONS 6: 16<sup>th</sup> July, 12:00 noon – 1:00 pm

Sports Psychology **Chairperson:** **Dr. Ginger Yang**, University of Iowa, USA  
**Venue :** Putri Sa'adong 3

Guo	Linxuan	The Motivation of University Students to Participate in Tai Chi Exercise
Sophie	Xin Yang	The cross-cultural significance of the 3+1Cs model and its Coach-Athlete Relationship Questionnaire (CART-Q)
Supatcharin *	Pan-u-thai	Confirm Factor Analysis On State Anxiety Of Thai University Student Athletes *
Huei Hsiao	Chia	A Study on the Customer's Participation Behaviors and Satisfaction with Yazhi Gymnasium in Hualien City
Chan	Derwin King-Chung	Using Self Determination Theory to understand the treatment motivation of injured athletes

\* Paper will be presented in the Poster Session 2

ORAL SESSION 7: 16<sup>th</sup> July, 12:00 noon – 1:00 pm

Sports Training & Coaching

**Chairperson:** **Dr. Miklos Banhidi**, University of Western Hungary, HUNGARY  
**Venue :** Dewan SekebungBunga

Saied Jalal	Aboodarda	Muscular activation (EMG), torque development and loading profile of the muscles during maximal elastic resistance, nautilus machine and weight training exercises
Mohamed Saat	Ismail	Effects of Exercise Prescription on Blood lipid Profile of Subject with High Cholesterol Level
Rungchai	Chaunchaiyakul	Six weeks Aquatic Exercise Training in Obese Subjects with Osteoarthritis Knees
Shaw	Brandon S.	Role of Aerobic and Concurrent Aerobic and Resistance Training at Altering Body Fat Distribution
Shridhar	H	Yogasana and Pranayama as an Effective Therapeutic Tool in the Management of Mentally Retarded Children
Steinberg	Nili	Physical injuries in dancers: risk factors

ORAL SESSION 8: 16<sup>th</sup> July, 12:00 noon – 1:00 pm

Physical Education

**Chairperson:** **Prof. Dr. Mario Imson**, University of the Cordilleras, Philippines.  
**Venue :** Dewan Wau

Saeid	Fazelifar	The Comparison Health – Related Physical Fitness girls' students 9-13 years in Iran (1998-2008)
Lee	Ya Yen	The Elementary School P. Education Teacher Design the Physical Education Curriculum Value Orientation Research in Taiwan
Chin	Ming-kai	Impact of Modified Problem-Based Learning (MPBL) on Generic Skills of Graduate Students in Learning and Teaching of Health-Related Fitness and Wellness in Singapore
J. Hans	de Ridder	The influence of a physical activity .intervention programme (PAI) on the body composition of 9 – 13 year old boys.
Huang	Tu-Shang	Association of Children's Sedentary Life-style and Physical Activity with Their Health-related Physical Fitness

ORAL SESSION 9: 16<sup>th</sup> July, 12:00 noon – 1:00 pm

Exercise Physiology

**Chairperson:** **Dr. Ricardo Uvinha**, University of Sao Paulo, BRAZIL.

**Venue :** Dewan Congkak

Huang	Lin Chi	The effect of hyperoxia on performance and physiological responses in sprint interval exercise
Ahmad Munir	Che Mohamed	The relationship of body temperature and sweating during exercise in the humid environment.
Chee	Lee Ming	Physiological Demands and Time Motion Analysis of Singles' Badminton Play Following Implementation of 21 Point Scoring System
Aziz	AR	Effect Of Ramadan Fasting On Submaximal Exercise Responses
AJY	Lee	Oral- Impaired Braking Forces during Stopping in Persons with Early-stage Parkinson's Disease

ORAL SESSION 10: 16<sup>th</sup> July, 2:00 pm – 3:00 pm

Biomechanics/Kinesiology/Kinanthropometry/Injuries

**Chairperson:** **Prof. Amitabha De**, National Institute of Training in Industrial Engineering, India

**Venue :** Dewan Wau

Tseng	T.L	The Differences of the Star Excursion Balance Test in Physical Active and Sedentary Adults
Wang	C.H.	Prospective study for the relationship between postural control and lower extremity injuries
Weerawat	Limroongreungrat	Racing Wheelchair Propulsion Efficiency during Three Different Speeds
Liu	Ying-Fang	The Concurrent Validity of the Knee Joint Kinematics: Comparison of Zebris Ultrasound-Based 3D Motion System and Vicon Motion Capture System
Yu-Ming	Huang	The Kinematical Difference of Lower Extremity under the Various Conditions of Running Speed in Overarm Throwing

ORAL SESSIONS 11: 16<sup>th</sup> July, 2:00 pm – 3:00 pm

Exercise Physiology

**Chairperson:** **Dr. Rauf Iqbal**, National Institute of Training in Industrial Engineering, India.

**Venue :** Dewan Congkak

Ooi	Foong Kiew	Effects Of Jumping Exercise On Serum Bone Metabolism Markers In Female Rats
Sari-Sarraf	Vahid	Effects of repeated bouts of prolonged cycling on salivary IgA, cortisol and total protein in young male elite cyclists
Shaw	Ina	Discrepancies In Maximum Heart Rate Measurements In Distance Runners
Shazlin	Shaharudin	Anaerobic capacity of physically active females at mid-follicular and mid-luteal phases of ovarian cycle
Shu-Man	Chen	DHEA-S in the mood adjustment against competition outcome in elite golf players

ORAL SESSION 12: 16<sup>th</sup> July, 3:00 pm – 4:00 pm

Biomechanics/Kinesiology/Kinanthropometry/Injuries

**Chairperson:** **Dr. Balbir Singh**, University of Malaya, Malaysia.

**Venue :** Dewan Wau

Debamalya	Banerjee	Comparison of Body Composition Profile of the workers of manufacturing and service sector
Nidhi	Gupta	Obesity Singapore Perspective
Waleed.	Gh.Thanoun	The relationship between the anthropometric measurements and some Biomechanical variable for Handicaps weightlifters in Bench-press
Chen	Jia-hong	The distribution and the pattern of the golf grip pressure during the golf putting stroke for expert and novice players.
Mohad Anizu	Mohd Nor	Relationship Between Body Mass Index And Performance Among Archers In Malaysia

ORAL SESSION 13: 16<sup>th</sup> July, 3:00 pm – 4:00 pm

Physical Education

**Chairperson:**

**Dr. Brandon Shaw**, Tshwane University of Technology, Republic of South Africa.

**Venue :** Dewan Congkak

Nyit Chin	Keh	A Study of Physical Education Instructional Quality and Exercise Behavior Intention
S.T.N.	Rajeswaran	Impacts Of Gender And Domicile On Motives For Physical Activity Among The Engineering Students
Huang	Yueh -Chan	A study on effective teaching behaviors of physical education teachers
Ong	Tah Fatt	Assessing The Influence Of An Outdoor Education Program On Life Effectiveness Of Undergraduates
Jiri	Suchy	Development of support for athletes in the Czech Republic over the last 20 years

ORAL SESSION 14: 17th July, 10:15 am – 11: 15 am

Sports Psychology

**Chairperson:**

**Prof. Ina Shaw**, Vaal University of Technology, Republic of South Africa.

**Venue :** Dewan SekebunBunga

Habib	Honari	A Comparison Study and Investigation on Sport Competition Attributive Anxiety among Elite Athletes, Participated in National University Championships
Hazwani	Hanafi	The Effects of Two Relaxation Techniques on Psychomotor, Psychological and Physiological Variables following Repeated Sub-Maximal Intensity Exercise among School Athletes
Hsien Wu	Kou	A Study on the Motivation and Satisfaction of Participants in Leisure and Sporting Activities in Cheng Ching Lake Park, Kaohsiung County
BH	Lim	The Effects of a Psychological Intervention Upon Pre-Competition Multidimensional State Anxiety in Volleyball Players
Nadiah Diyana Tan	Abdullah	Exploring Exercise Motivation in Breast Cancer Survivors Practicing Qigong

ORAL SESSION 15: 17th July, 10:15 am – 11: 15 am

Sports Training & Coaching

**Chairperson:** Prof. Dr. Tae Won Jun, Seoul National University, Korea

**Venue :** Dewan Wau

Nallella	Srinivas	Effect Of Pranayama Exercises On Cardio Vascular Endurance Of Basket Ball Players
Suhana	Aiman	Repeated Sprint Ability, Aerobic Fitness, Lactate And Lactate Dehydrogenase Response Following Sprint Training
Chen	Y.R	The Healthy Benefits of Programmed Accommodating Circuit Exercise in Sedentary Adults
Zainie	Aboo Bakkar	Effect Of Plyometric Training On The Lower Extremities Of State Silat Athletes
Chang	Wei-Gang	Effect of different cycling resistance on vastus medialis oblique and vastus lateralis
Wee	Eng Hoe	Effects of s pecially des igned exercise pr ogramme on the agi lity, power and s trength of primary school children

ORAL SESSION 16: 17th July, 10:15 am – 11: 15 am

Sports Nutrition

**Chairperson:** Dr. Y. Venkata Ramana, National Institute of Nutrition, INDIA.

**Venue :** Dewan Congkak

Ayu Suzailiana	Muhamad	Effects of Eurycoma longifolia Jack Supplementation on Recreational Athletes' Endurance Running Performance and Physiological Responses in the Heat.
Sarina	Md. Yusof	Effects of strength Training and Tongkat Ali (Eurycoma Longifolia) supplementation on strength and muscle size in middle-aged women
Wu	Ching-Lin	The influence of short-term glycemic index diet and exercise on postprandial lipid profile
Geetanjali	K Kelkar	Effect of Antioxidant Supplementation on Haematological Status, Oxidative Stress and Aerobic Capacity of Amateur Indian Boxers
Mohd Rahimi	Che Jusoh	Effects Of Soy Protein Supplementation On High Intensity Cycling Performance In Hot And Humid Environment
Somayeh Sadat	Tavafzadeh	Effects of combined jumping exercise and honey supplementation on bone properties in young female rats

ORAL SESSIONS 17: 17th July, 11:15 am – 12: 15 pm

Exercise Physiology

**Chairperson:** Dr. Yifan Yang, McMaster University, CANADA.

**Venue :** Dewan SekebungBunga

Wahid	MF	Effect Of Ramadan Fasting On Selected Physical Performance Measures
Liang	L.C	The Differences of Exercise Intensity between Women's Tennis Singles and Doubles Matches during an Official Event
Heidarianpour	Ali	Do regular exercises potentiate C-peptide vascular function in streptozotocin-induced diabetic rats?
Thung	Jin Seng	Effect of rossiter system® stretching on delayed-onset-muscle-soreness (doms) recovery
Harikrishnan	Ranganathan	A study of correlation between subtalar pronation and Q-angle in normal

ORAL SESSIONS 18: 17th July, 11:15 am – 12: 15 pm

Biomechanics/Kinesiology/Kinanthropometry/Injuries

**Chairperson:** Prof. Dr. Jasson Chiang, Chinese Culture University, Taiwan

**Venue :** Dewan Wau

Maria	Justine	Lower Limb Muscles Flexibility And Its Association With Quadriceps-Angle Among College Students
Khaothin	Jakapong	Body Composition and Swimming Performance Following Creatine Supplementation In Male Disabilities Swimmers
Rizal	Razman	Variability and Kinematic Patterns of the Front Foot Slide in Tenpin Bowling
Lah-Hoong	Teh	Movement pattern recognition ability of Malaysian rhythmic gymnastics judges
Hassan	Sadeghi	Gender differences in vertical ground reaction forces attenuation during stop-jump task

ORAL SESSION 19: 17th July, 11:15 am – 12: 15 pm

Sports Psychology

**Chairperson:** Dr. Mohad Anizu Mohd Nor, University Technology Malaysia, Malaysia.

**Venue :** Dewan Congkak

Pranomporn	Juangphanich	The Relationship between Achievement Goal Orientation and Participation Motivation in Sports of Thai Military and Policemen Athletes
J	Surujlal	Coping under pressure: Strategies for maintaining confidence among South African soccer coaches
Wimonmas	Prachakul	The Process to Build up Self-Confidence in Sport : Based on the Thoery of Self-Confidence in Sport for Thai National Athletes
Jadeera PG	Cheong	The contextual interference effect on sport skill acquisition
N.	Akila Devi	Effect O f E xercise Ind uced G eneral Fati gue On K nee J oint P osition S ense Among Athletes