

TENTATIVE CONFERENCE PROGRAMME

Joint Conference :
4th Asia-Pacific Conference on Exercise and Sports Science
and
8th International Sports Science Conference 2009

Theme:

Integration of Exercise and Sport Sciences, Physical Activity and
Training for Sports Performance and Health

Organised by :

Sports Science Unit, School of Medical Sciences
&
Exercise & Sports Science Programme, School of Health Sciences

Universiti Sains Malaysia
16150 Kubang Kerian
Kelantan, Malaysia.

<http://www.apissc2009.org>

Venue

Grand Riverview Hotel
Kota Bharu, Kelantan
Malaysia

15 – 17 July, 2009

15th July 2009

8:00am– 9:00am	REGISTRATION		
	CHAIRPERSON :		
9:00am– 10:00am	KEYNOTE ADDRESS 1 : Prof. Dr. Gudrun Doll Tepper (Free University, Germany): “The Current Trends and Future Directions of Physical Education and Sports Science: An International Perspective”		
10:00am– 11:00am	OPENING CEREMONY, CULTURAL DANCE, PHOTO SESSION		
11:00am– 11:30am	TEA		
	CHAIRPERSON :		
11:30am– 12:15am	INVITED LECTURE 1 : Prof. Dr. Yang Zeyi (China Research Institute of Sports Medicine, China) : “Nutrition and muscle enhancement and recovery after intensive training”		
12:15pm – 1:00pm	INVITED LECTURE 2 : Assoc. Prof. Dr. Shihui Chen (Hong Kong Institute of Education, Hong Kong, China) : “Information Technology and Generic Skills in Education”		
1:00pm – 2:00pm	LUNCH		
	CHAIRPERSON :		
2:00pm – 3:00pm	KEYNOTE ADDRESS 2 : Prof. Dr. Rabindarjeet Singh (University Sains Malaysia, Penang, Malaysia) : “Exercise for Bone Health”		
3:00pm – 3:45pm	INVITED LECTURE 3 : Prof. Dr. Herbert Haag (University of Keul, Germany): “International Perspectives of Sports Science in Europe”		
3:45pm – 4:15pm	TEA		
	Symposiums		
4:15pm – 6:15pm	SYMPOSIUM 1 Topic: Sports Psychology Chairperson : Prof. Dr. Jin Wang (Kenneshaw University, USA)	SYMPOSIUM 2 Topic : Exercise Physiology Chairperson : Prof. Dr. G. L. Khanna (Faridabad institute of Technology, India)	SYMPOSIUM 3 Topic : Adapted Physical Education Chairperson : Assoc. Prof. Dr. Teo-Koh Sock Miang (National Institute of Education, Nanyang Technological University, Singapore)
8:30pm	Official Dinner / Cultural Show		

16th July 2009

	CHAIRPERSON :		
8:00am– 9:00am	KEYNOTE ADDRESS 3 : Prof. Dr. John Lowe (University of Sunshine Coast, Australia): “Taking a Community Approach: Enhancing the Human Condition”		
9:00am– 9:45am	INVITED LECTURE 4 : Dr. Jingzhen Yang (University of Iowa, USA) “Mental Health and Sports Injury Prevention”		
9:45am– 10:15am	TEA		
	CHAIRPERSON :		
10:15am– 11:15am	KEYNOTE ADDRESS 4 : Prof. Dr. Li Wei Zhang (Beijing Sports University, China): “Physical Self: Its Mechanism, Evaluation & Function”		
11:15pm – 12:00pm	INVITED LECTURE 5 : Dato Dr. Ramlan Abdul Aziz (National Sports Council, Malaysia) “Sports Injuries & Management of Injuries: Malaysian Scenario”		
12:00noon – 1:00pm	Oral Session 1	Oral Session 2	Oral Session 3
1:00pm – 2:00pm	LUNCH		
	Symposiums		
2:00pm – 4:00pm	SYMPOSIUM 4 Topic : Sports Nutrition Chairperson : Dr. Fiona Pelly (University of Sunshine Coast, Australia)	SYMPOSIUM 5 Topic : Sports Management Chairperson : Dr. Toh Kian Lam (Raffles Sports & Leisure Consulting, Singapore)	SYMPOSIUM 6 Topic : Leisure & Wellness Chairperson : Prof. Dr. Christopher Edginton (University of Northern Iowa, USA)
4:00pm – 4:30pm	TEA		
4:30pm – 6:30pm	Workshop 1 Topic : Health and Wellness/ Physical Fitness Presenter: Assoc. Prof. Dr. Carolyn Masterson (Montclair State University, USA)	Workshop 2 Topic : Dance and Creative Movement Presenter : Dr. Paulette Cote (School of Dance, Hong Kong Academy of Performance Art, Hong Kong, China)	Workshop 3 Topic : Explosive Strength Training for Sport Presenter : Coach Jed Smith (University of Northern Iowa, USA)
8:30pm	Dinner		

17th July 2009

	CHAIRPERSON :		
8:00am – 10:00am	SYMPOSIUM 7 Topic : Biomechanics Chairperson : Prof. Dr. Kazuhiko Watanabe (Hiroshima University, Japan)	SYMPOSIUM 8 Topic : Coaching Science Chairperson : Prof. Dr. Iradge Ahrabi Fard (University of Northern Iowa, USA)	Oral Session 4
10:00am – 10:30am	POSTER SESSION		
10:30am – 11:00am	TEA and POSTER SESSION (Contd.)		
11:00am – 11:45am	INVITED LECTURE 6 : Prof. Dr. Jasraj Singh (Lakshmibai National Institute of Physical education, India) : “Yoga and Contemporary Society”		
11:45am – 12:30am	INVITED LECTURE 7: Prof. Dr. Nor Hayati Othman (University Sains Malaysia, Malaysia) : “Exercise and Cancer – A Reciprocal Relationship”		
12:30noon– 1:00pm	CLOSING CEREMONY		
1:00pm – 2:00pm	LUNCH		